

Water Recipes to Spice Things Up!

Tired of drinking plain water?

Try some of these fun, flavorful recipes!

Faux Soda

- Club Soda
- Splash of orange juice (or cranberry or grapefruit juice!)

Cucumber Water (Keep a pitcher in the fridge)

- 6 cups of water
- 12 thin slices of cucumber
- Mint springs (optional)

Strawberry and Cantaloupe Water

- 4 long wedges of cantaloupe cut into small pieces
- 12 strawberries cut in half
- 1 quart of water

Mint and Lemon

- 1 quart of water
- 2 lemons cut in slices
- 3-4 large mint sprigs

Cherry Limeade

- 1 key lime slices thinly
- 6 pitted cherries
- 1 sprig of mint
- Water (still or sparkling)

