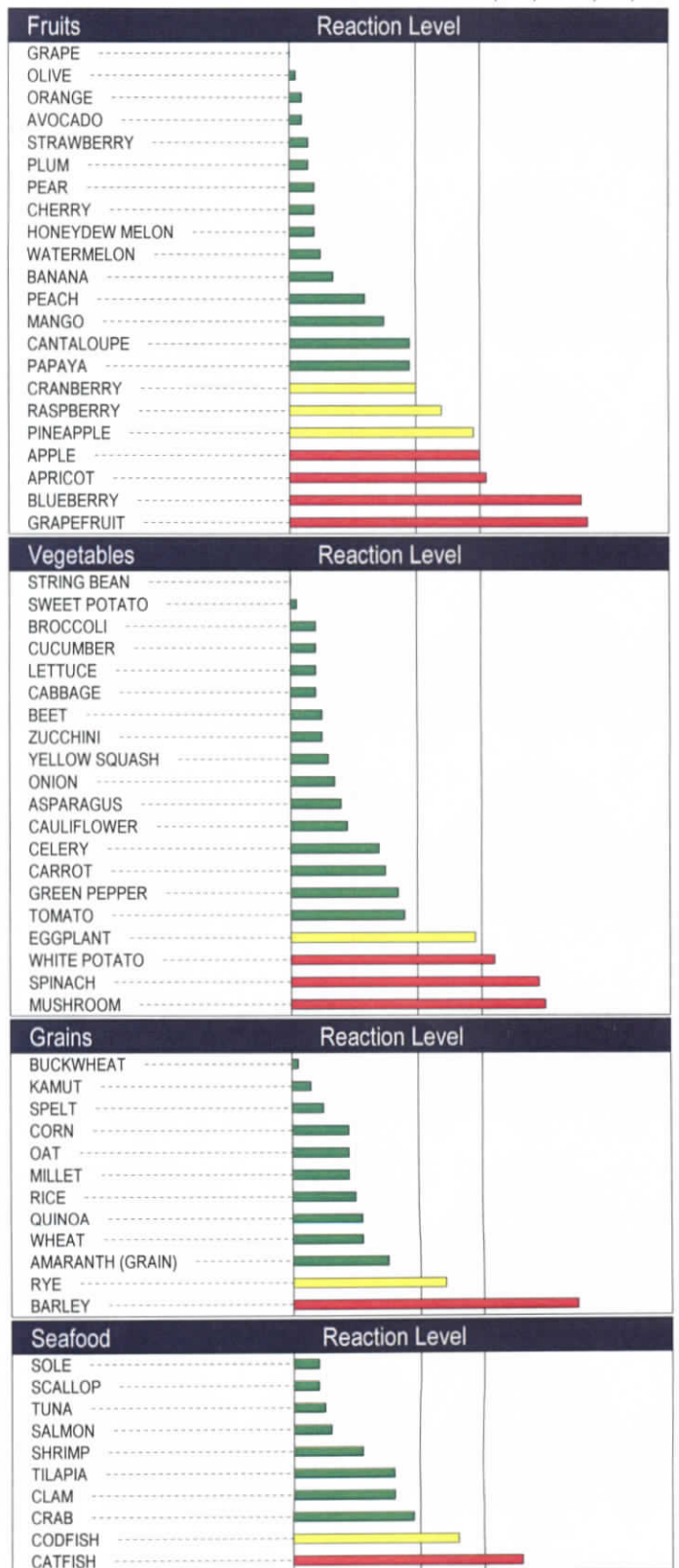
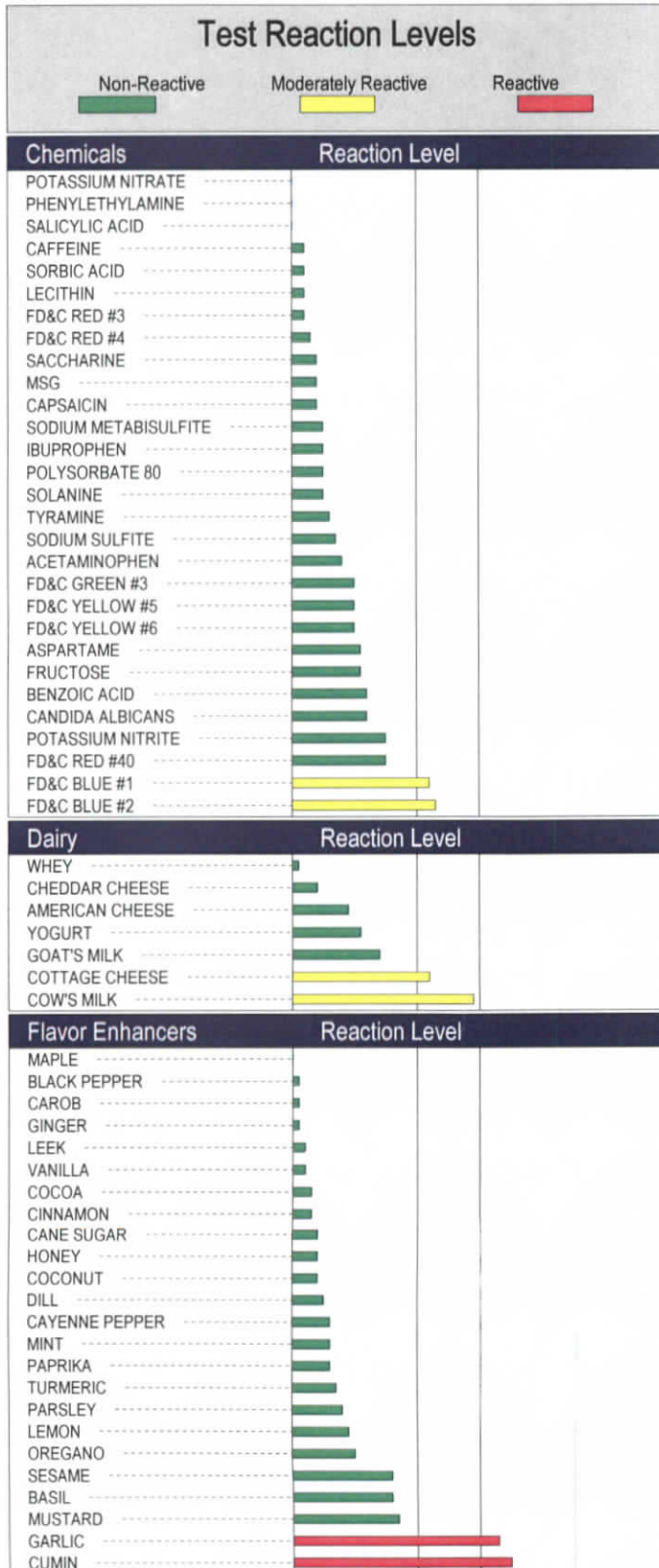


Physician: WELLNESS, MARK MD  
 Patient: SAMPLE PATIENT  
 Identifier: S70123  
 Profile: MRT Test ML150  
 Test Date: 07/10/2012  
 Technician: EH



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 FL License #: L800010492  
 CLIA ID #: 10D0914874  
 U.S. Patents: 6,114,174 6,200,815

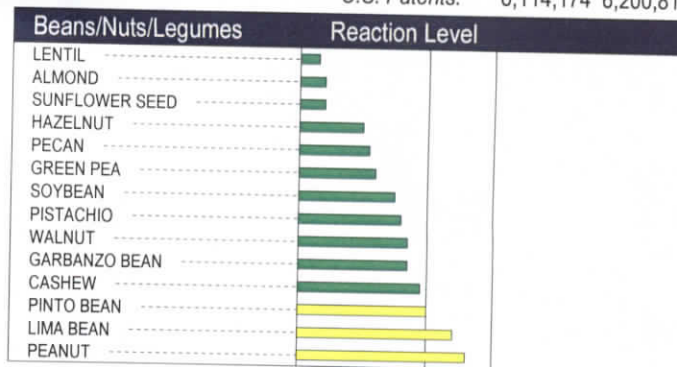
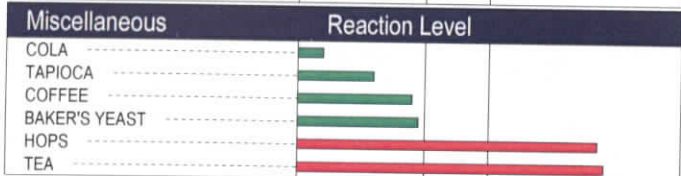
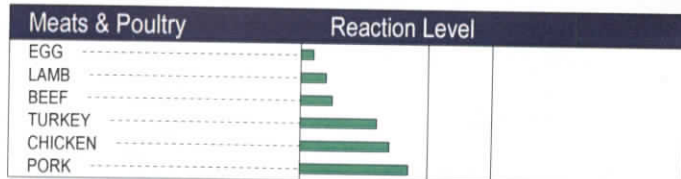


**MRT Results for S. PATIENT, page 2 of 2**

Physician: **WELLNESS, MARK MD**  
 Patient: **SAMPLE PATIENT**  
 Identifier: **S70123**  
 Profile: **MRT Test ML150**  
 Test Date: **07/10/2012**  
 Technician: **EH**



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Degrees of reactivity may not in all cases correlate with levels of clinical reactivity to the tested food or chemical. It is recommended to completely avoid all tested items with "Reactive," or "Moderately Reactive" scores. If tested "Non-Reactive" foods have been consumed regularly before testing, there is a high probability that they are "safe" and are not likely to provoke symptoms, as long as there is no history of allergic, autoimmune, or other type of inflammation-provoking or symptom-provoking reaction. These test results can form the basis of an eating plan developed under the guidance of a physician, dietitian, or other qualified healthcare practitioner.



## LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:  
**SAMPLE PATIENT**

Physician:  
**WELLNESS, MARK MD**

Identifier:  
**S70123-0**

Test date:  
**07/10/2012**

**Phase 1**  
DAYS 1 - 7

**Phase 2**  
DAYS 8 - 12

**Phase 3**  
DAYS 13 - 17

**Phase 4**  
DAYS 18 - 22

**Phase 5**  
DAYS 23 - 27

### Proteins



EGG  
LENTIL  
LAMB  
SCALLOP

SOLE  
BEEF  
TUNA  
SALMON

SHRIMP  
TURKEY  
CHICKEN  
SOYBEAN

CLAM  
TILAPIA  
GARBANZO BEAN  
PORK

CRAB

### Starches



BUCKWHEAT  
SWEET POTATO  
KAMUT

SPELT  
CORN  
MILLET

OAT  
RICE  
QUINOA

WHEAT  
TAPIOCA  
AMARANTH (GRAIN)

### Vegetables



STRING BEAN  
BROCCOLI  
CABBAGE  
CUCUMBER

LETTUCE  
BEET  
ZUCCHINI  
YELLOW SQUASH

ONION  
ASPARAGUS  
CAULIFLOWER  
GREEN PEA

CELERY  
CARROT  
GREEN PEPPER  
TOMATO

### Fruits



GRAPE  
OLIVE  
AVOCADO

ORANGE  
PLUM  
STRAWBERRY

CHERRY  
HONEYDEW MELON  
PEAR

WATERMELON  
BANANA  
PEACH

MANGO  
CANTALOUPE  
PAPAYA

### Dairy / Miscellaneous



WHEY  
COCOA

CHEDDAR CHEESE  
AMERICAN CHEESE

YOGURT  
GOAT'S MILK

COFFEE

### Nuts / Seeds / Oils



OLIVE  
ALMOND  
SUNFLOWER SEED

CORN  
HAZELNUT  
PECAN

SOYBEAN  
PISTACHIO  
SESAME

WALNUT  
CASHEW

### Flavor Enhancers



MAPLE  
BLACK PEPPER  
CAROB  
GINGER  
LEEK

VANILLA  
CINNAMON  
CANE SUGAR  
COCONUT  
HONEY

DILL  
CAYENNE PEPPER  
MINT  
PAPRIKA  
TURMERIC

PARSLEY  
LEMON  
OREGANO  
BASIL  
SESAME

MUSTARD